



Supplemental Materials for

Obstacles to mental health treatment: Similarities and differences among first responder groups

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Table S1. I don't know where to get help

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
I don't know where to get help	Strongly Disagree	64 _a	47.8%	473 _b	36.4%	20 _{a, b}	40.0%	557	37.5%
	Disagree	38 _a	28.4%	511 _b	39.3%	18 _{a, b}	36.0%	567	38.2%
	Neither Agree Nor Disagree	14 _a	10.4%	194 _a	14.9%	9 _a	18.0%	217	14.6%
	Agree	14 _a	10.4%	100 _a	7.7%	2 _a	4.0%	116	7.8%
	Strongly Agree	4 _a	3.0%	23 _a	1.8%	1 _a	2.0%	28	1.9%
Total		134	100.0%	1301	100.0%	50	100.0%	1485	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S2. I don't have adequate transportation

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
I don't have adequate transportation	Strongly Disagree	98 _a	73.1%	838 _b	64.5%	37 _{a, b}	74.0%	973	65.6%
	Disagree	27 _a	20.1%	338 _a	26.0%	10 _a	20.0%	375	25.3%
	Neither Agree Nor Disagree	6 _a	4.5%	93 _a	7.2%	2 _a	4.0%	101	6.8%
	Agree	1 _a	0.7%	17 _a	1.3%	0 _a	0.0%	18	1.2%
	Strongly Agree	2 _a	1.5%	13 _a	1.0%	1 _a	2.0%	16	1.1%
Total		134	100.0%	1299	100.0%	50	100.0%	1483	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S3. It is difficult to schedule an appointment

Crosstab

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
It is difficult to schedule an appointment	Strongly Disagree	45 _a	33.8%	405 _a	31.2%	21 _a	42.0%	471	31.8%
	Disagree	37 _a	27.8%	426 _a	32.8%	12 _a	24.0%	475	32.1%
	Neither Agree Nor Disagree	33 _a	24.8%	329 _a	25.3%	10 _a	20.0%	372	25.1%
	Agree	14 _a	10.5%	109 _a	8.4%	7 _a	14.0%	130	8.8%
	Strongly Agree	4 _a	3.0%	30 _a	2.3%	0 _a	0.0%	34	2.3%
Total		133	100.0%	1299	100.0%	50	100.0%	1482	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S4. There would be difficulty getting time off work for treatment *

Crosstab

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
There would be difficulty getting time off work for treatment	Strongly Disagree	47 _a	35.1%	425 _a	32.7%	17 _a	34.0%	489	33.0%
	Disagree	40 _a	29.9%	415 _a	31.9%	12 _a	24.0%	467	31.5%
	Neither Agree Nor Disagree	25 _a	18.7%	281 _a	21.6%	8 _a	16.0%	314	21.2%
	Agree	16 _a	11.9%	136 _a	10.5%	6 _a	12.0%	158	10.7%
	Strongly Agree	6 _a	4.5%	42 _a	3.2%	7 _b	14.0%	55	3.7%
Total		134	100.0%	1299	100.0%	50	100.0%	1483	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S5. Mental health care costs too much money

Crosstab

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
Using the scale provided, rate each of the possible concerns that might affect your decision to seek treatment for a psychological problem (e.g., a stress or emotional problems such as depression or anxiety attacks) from a mental health professional (e.g., a psychologist or counselor). Please read each statement below, and select the choice that best fits for you. - Mental health care costs too much money	Strongly Disagree	31 _a	23.1%	291 _a	22.4%	11 _a	22.0%	333	22.5%
	Disagree	25 _a	18.7%	306 _a	23.6%	3 _b	6.0%	334	22.5%
	Neither Agree Nor Disagree	41 _a	30.6%	383 _a	29.5%	14 _a	28.0%	438	29.5%
	Agree	26 _a	19.4%	235 _a	18.1%	13 _a	26.0%	274	18.5%
	Strongly Agree	11 _{a, b}	8.2%	84 _b	6.5%	9 _a	18.0%	104	7.0%
Total		134	100.0%	1299	100.0%	50	100.0%	1483	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S6. I would not disclose to a supervisor/manager if I was experiencing a mental illness.

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
I would not disclose to a supervisor/manager if I was experiencing a mental illness.	Strongly Agree	17 _a	13.4%	82 _b	6.8%	6 _{a, b}	13.6%	105	7.6%
	Agree	36 _a	28.3%	251 _b	20.7%	10 _{a, b}	22.7%	297	21.5%
	Neutral	28 _a	22.0%	353 _a	29.2%	15 _a	34.1%	396	28.7%
	Disagree	35 _{a, b}	27.6%	427 _b	35.3%	9 _a	20.5%	471	34.1%
	Strongly Disagree	11 _a	8.7%	97 _a	8.0%	4 _a	9.1%	112	8.1%
Total		127	100.0%	1210	100.0%	44	100.0%	1381	100.0%

Each subscript letter denotes a subset of "I am a" categories whose column proportions do not differ significantly from each other at the .05 level.

Table S7. I would not disclose to a colleague if I was experiencing a mental illness.

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
I would not disclose to a colleague if I was experiencing a mental illness.	Strongly Agree	15 _a	11.6%	66 _b	5.4%	4 _{a, b}	9.5%	85	6.1%
	Agree	33 _{a, b}	25.6%	230 _b	19.0%	14 _a	33.3%	277	20.0%
	Neutral	28 _a	21.7%	345 _a	28.5%	13 _a	31.0%	386	27.9%
	Disagree	42 _{a, b}	32.6%	459 _b	37.9%	8 _a	19.0%	509	36.8%
	Strongly Disagree	11 _a	8.5%	112 _a	9.2%	3 _a	7.1%	126	9.1%
Total		129	100.0%	1212	100.0%	42	100.0%	1383	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.

Table S8. I would expect to be discriminated against at work if I disclosed that I was experiencing a mental illness.

Crosstab

		Police Officer		I am a Firefighter		Dispatcher		Total	
		N	%	N	%	N	%	N	%
I would expect to be discriminated against at work if I disclosed that I was experiencing a mental illness.	Strongly Agree	15 _a	11.5%	66 _b	5.5%	5 _{a, b}	11.6%	86	6.3%
	Agree	32 _{a, b}	24.6%	237 _b	19.8%	14 _a	32.6%	283	20.6%
	Neutral	41 _a	31.5%	351 _a	29.3%	10 _a	23.3%	402	29.3%
	Disagree	28 _a	21.5%	411 _b	34.3%	11 _{a, b}	25.6%	450	32.8%
	Strongly Disagree	14 _a	10.8%	135 _a	11.3%	3 _a	7.0%	152	11.1%
Total		130	100.0%	1200	100.0%	43	100.0%	1373	100.0%

Each subscript letter denotes a subset of I am a categories whose column proportions do not differ significantly from each other at the .05 level.